

The Winner's Circle

THE OFFICIAL QUARTERLY NEWSLETTER OF STANDING TALL LIFE SKILLS, INC.



What's New

FUNDRAISER EVENTS

**CLASS DATES AND
INFO**

**UPDATE ON DONATED
HORSES**

HELP WANTED

FUNDRAISER EVENTS

Hey Miss Moon

by Michelle Cannon

Through rain, ice, and snow, our Standing Tall volunteers and Wildwood staff have diligently worked with our new horses to get them ready for classes in March. This story of transformation is miraculous. When Miss Moon came to us, she had not been ridden in several years. She was getting steroid shots in her leg due to a fall on ice. Her gait was off and she favored her right leg. We brought in a equine body balancer, Miss Katy, and she immediately found Moon's problem. After one adjustment, Moon was sore, but gradually started to move more and was pain free. It is amazing that she can be ridden again and seems eager to please. Thank you Miss Pat and all the volunteers that worked to bring Miss Moon and the others.

Dates to Remember

March 12th - 9 am - Noon
Volunteer Training

March 19, 10 am Noon
Open House for Students and
Volunteers

Six Week Classes Begin

Session 1: Mar 26 - Apr 30

Session 2: May 7 - Jun 11

Session 3: Jun 18 - Jul 23

Session 4: Jul 30 - Sep 3

Session 5: Sep 10 - Oct. 15



Lesson Update

All the lesson plans have been updated. Some of the new topics we will explore is Dealing with Anxiety, Feelings, and Self-Care.

The Yoga lessons will be structured to include several of these subtopics.

Our lessons will have new games and interactive fun. We want to engage the senses. Music and art will be interwoven into the lessons.

The green house and garden lesson will receive more time and we will be expanding our garden to include a field of lavender.

The horse lessons will include more fun activities.

It's going to be an exciting year!



Volunteer Update

Volunteer Training will be held on March 12th. We will begin with grooming and working with the Standing Tall horses. Miss Pat will go over the safety training. Our new volunteers will be able to meet others.

We will provide an overview of the garden and life skills lessons.

Help Wanted:

- Volunteer Coordinator
- Data Entry
- Fundraisers
- Graphic Design/Marketing
- Newsletter Editor

Ideally, each job will have a team of three people to ensure a seamless flow of work and no one person gets burnout.

Save the Date
Friday,
March 18th
4:00pm-9:00pm

- Huge Bonfire, Music, Horse Drawn Wagon Rides, Raffles, Games, & more!
- Cash Bar - all proceeds will also benefit the Standing Tall Program @ Wildwood Stables

PRIZES FOR MOST "IRISH" DRESSED PERSON!

Wear Green





STANDING TALL LIFE SKILLS PROGRAM, INC.
"Horses helping to heal body, mind, and spirit."

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Annette@PropertyMatchPros.com

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512 Peavine Rd
Crescentville, TN 38571

PRIZES FOR MOST "IRISH" DRESSED PERSON!

Wear Green



A limited number of \$20 Passes are available.
Passes buy you:

- A \$5 donation to the Standing Tall Program
- 3 \$5 "tickets" which you can use to buy food from the food trucks

Buy passes at:

- Crye-Leike Office on Peavine (see Barbara or Haley)
- First National Bank on Peavine

Fundraiser Events

March 18th
Irish Party, sponsored by Annette Renaud.
Tickets on sale at the First National Bank.

April 22 at 1-3 pm
Standing Tall Tea Party
at the Multi-purpose Room

Sept. 4, at 3 p.m.
The Parade of Breeds Horse Show , sponsored by Kylee Maloy and Samantha Burkart, and Wildwood Stables Boarders Horse Show, Entertainment by D.J. and Donna Garrison, and the Huffaker Brothers.

Update from Pat

by Pat Kane

Feb. 1,
After this mornings meeting, 6 of the Standing Tall horses have been saddled and ridden. Kaylee and Zoe helped and were just great. Moon, Elvis, Cheyanne and Ace have been bridled and ridden around the inside of the barn and out the front and the back and were very good. Wrangler and Jackie are still reluctant to come up to the mounting block, but eventually accepted it and were mounted and ridden on a lead line around the inside of the barn, both ways. At times, we had 3 horses working and they did fantastic. So, here we are, Feb. 1st and only Duke has yet to be ridden. I think by next week, after I move back, that I'll try the tack I use for Breeze who is sway-backed from having babies on Duke and we can see how he accepts the idea of being put back to work. The other six really seemed relaxed and happy with their work today; they hung out with us after

we took them back out to the pasture and took halters off.

Judy has some good pictures of them cuddling with Judy Festler. All of the volunteers, Kylee, Zoe and Judy Gibson were excited and positive about having the horses ready for the kids. Samantha is also going to help with the riding. In a couple of weeks, after Brian trims feet, we'll start taking them into the arena across the street and out onto the trail in back of the barn to the bean field. With Spud and Breeze, we should have enough safe horses to match with our new students, by size and temperament. If the initial fit is right, they'll work with the same horse every week. Things do progress.



Judy F., Patty,Carol, Pat, and Zoe



Pat, Zoe, and Cheyanne



Moon



Kylee and Elvis

Treasurer Report

by Deonne Martinez

Standing Tall in Action

by Sarah Cannon

The high points of the 2022 budget:

- a run in shed for the horses
- cover the cost for 36 classes
- feed and care for Standing Tall horses.
- Our fund-raising goal is \$40,000
- We have applied for several grants
- We have several fundraisers in the works.

How can you help? Join a committee team and help achieve our goals.

There is a job for everyone!



The sports fans attending the Stone Memorial High School basket ball game learned what Standing Tall was all about. On Thursday, February 10, we hosted a Soup Supper for the season ticket holders. This is a way for non-profits such as ours to become known in the community.

A big thank you to our Standing Tall Ambassadors Gema Paramo, AJ Bennett, and friend, Michelle Netherington, for serving the food. The hot chicken wild rice soup on a cold night was a slam dunk!

Donated by Michelle and John Cannon



Horses carry the wisdom of healing in their hearts and offer it to any human who possess the humility to listen.